1) Football gloves must meet the NOCSAE test standard at the time of manufacture, unless made of unaltered plain cloth. [Rule 1-5-2b]

- True (Correct)
- False

2) The field of play is the area within the boundary lines including the end zones. [Rule 2-10-2]

- True (Correct)
- False

3) After a distance penalty the ball belongs to the team in possession at the time of the foul, unless it is a PSK foul or kick-catching interference. [Rule 5-2-1; Fund 1-7]

- True (Correct)
- False

4) It is recommended that goal lines be marked in a color that contrasts with other field markings. [Rule 1-2-3g Note 2]

- True (Correct)
- False

5) It is unsportsmanlike for a player to have words or insignia on his equipment that are offensive to the opponents. [Rule 9-5-1a]

- True (Correct)
- False

6) For a kickoff, the ball may be held in position on a kicking tee by a place-kick holder. [Rule 2-24-7]

- True (Correct)
- False

7) The NFHS Football Rules Committee approved the expanded use of communication devices by coaches, players and non-players, but the use of communication devices by players except during conferences outside the 9-yard marks continues to be prohibited. [Rule 1-6]

- True (Correct)
- False
8) The penalty for both offensive and defensive pass interference fouls is 15 yards plus a loss of down. [Rule 7-5-10 Penalty]

- True
- False (Correct)

9) It is legal for the snapper to adjust the ball so that the long axis is parallel to the scrimmage line. [Rule 7-1-2]

- True
- False (Correct)

10) If B1 tackles eligible A1 in or behind the neutral zone while the forward pass is in flight, it is pass interference by B1. [Rule 7-5-10a; 9-2-3c]

- True
- False (Correct)

11) Play cards may be worn on the wrist or arm. [Rule 1-5-3c(8)]

- True (Correct)
- False

12) An airborne player who has forward progress stopped inbounds and is carried out of bounds by an opponent before contacting the ground is not awarded a catch at the spot of forward progress. [Rule 2-4-1]

- True
- False (Correct)

13) A foul is a rule infraction for which a penalty is prescribed. [Rule 2-16-1]

- True (Correct)
- False

14) A kick ends as soon as R1 touches the kick. [Rule Fund IV-1; 2-24-2]

- True
- False (Correct)
15) A scrimmage kick by K1 from his own end zone is muffed in flight beyond the neutral zone by R1 and rebounds into the end zone where it is recovered by K2. The ball becomes dead in the end zone when K2 is tackled there. [Rule 2-13-2; 8-5-2b]

- Touchback for K.
- Touchdown for K.
- Safety and R will be awarded two points. (Correct)
- None of the above.

16) A passer is a player who throws a legal forward pass. [Rule 2-32-11]

- True (Correct)
- False

17) An act by an offensive or defensive player who initiates contact with the front of his helmet against an opponent who is not a runner is: [Rule 2-20-1a]

- Face Tackling
- Spearing
- Butt Blocking (Correct)
- None of the above

18) The captain is the only player allowed to call a time-out. [Rule 3-5-2a]

- True
- False (Correct)

19) The moisture-absorbing solid-colored towel worn by a player cannot be ball- or penalty flag-colored. [Rule 1-5-3a(5)a]

- True (Correct)
- False

20) B1 may not legally bat a ball that is in possession of A1. [Rule 9-7-4]

- True
- False (Correct)

21) All line-to-gain and down-indicator rods must have flat lower ends covered by a protective cap. [Rule 1-3-5d]

- True (Correct)
- False
22) It is a safety if A1’s fumble on his 5-yard line is recovered by B1 in A’s end zone. [Rule 8-2-1]

- True
- False (Correct)

23) The spot of a foul is where the foul occurs. [Rule 2-41-8]

- True (Correct)
- False

24) A loss of down is a part of some 15-yard penalties but not any 5-yard penalties. [Rule 7-3-2 Penalty; 7-5-2 Penalty; 7-5-13 Penalty]

- True
- False (Correct)

25) It is illegal for any player to accidentally slap a loose ball with the arm or hand. [Rule 2-2; 9-7-2]

- True
- False (Correct)

26) The runner may use his hands or arms to ward off or push an opponent. [Rule 2-3-4a]

- True (Correct)
- False

27) Hip pads, tailbone protector, knee pads and thigh guards may not be altered from the manufacturer’s original design/production. [Rule 1-5-1d(1), (2), (4)]

- True (Correct)
- False

28) A backward pass out of bounds is an illegal pass. [Rule 7-4-3; 7-5-2]

- True
- False (Correct)

29) A forward underhand pitch behind the neutral zone from A1 to A2 is an incomplete pass if not caught. [Rule 2-31-2]

- True (Correct)
- False
30) Prior to the game, the head coach shall be responsible for verifying – to the referee only – that all of his team’s players are equipped in compliance with the rules. [Rule 1-5-4]

○ True
○ False (Correct)

31) No foul causes a live ball to become dead. [Rule 2-16-4]

○ True (Correct)
○ False

32) An authorized conference is permitted during the intermission between periods. [Rule 3-5-7l; 3-5-8]

○ True (Correct)
○ False

33) The down is ended when the kickers catch or recover a free kick anywhere. [Rule 4-2-2f]

○ True (Correct)
○ False

34) A player loses possession by either a fumble or a muff. [Rule 2-18; 2-27]

○ True
○ False (Correct)

35) A back may not wear a jersey with a number 50 through 79. [Rule 1-4-3]

○ True
○ False (Correct)

36) One of the requirements for being on the offensive line is that the lineman’s head or foot must break an imaginary plane drawn parallel to the line of scrimmage through the waist of the snapper when the ball is snapped. [Rule 2-32-9]

○ True (Correct)
○ False

37) It is legal for an opponent to throw himself against the back of the runner’s legs. [Rule 2-5-1]

○ True (Correct)
○ False
38) A down begins when the ball is marked ready-for-play. [Rule 2-7-1; 2-35]

- True
- False (Correct)

39) Players of the same team shall not participate during the same down while wearing identical numbers. [Rule 7-2-5c]

- True (Correct)
- False

40) The initial direction of the passer’s arm determines whether a pass is forward or backward. [Rule 2-31-2, NOTE, 5 ]

- True (Correct)
- False

41) A ball without any stripes is legal for use if both coaches agree to use it. [Rule 1-3-1c]

- True
- False (Correct)

42) The game officials are responsible for ensuring that there is only a __________ minute intermission between periods for changing goals. [Rule Table 3-1; 3-5-7]

- two
- three
- four
- None of the above. (Correct)

43) Illegal motion is a foul at the snap. [Rule 7-2-7 Penalty]

- True (Correct)
- False

44) B may score during a try. [Rule 8-3-3]

- True
- False (Correct)
45) The ball becomes dead and the down ends when: [Rule 4-2-2]

- A game official sounds his/her whistle inadvertently.
- The helmet comes completely off of a player who is in possession of the ball.
- A live ball goes out of bounds.
- Any of the above. (Correct)

46) The ball shall have the NFHS Authenticating Mark. [Rule 1-3-1g]

- True (Correct)
- False

47) If a double foul occurs during a down, the number of the next down is not the same as that of the down in which the foul occurred. [Rule 5-2-1]

- True
- False (Correct)

48) It is a disqualifying foul for fighting when A1 kicks at B1 but makes no contact. [Rule 2-11; 9-4-1]

- True (Correct)
- False

49) Because of the damp weather, the quarterback of Team A requests the use of a towel containing a product to make the wet ball tacky. The referee denies the request. [Rule 1-5-3a(2)]

- True (Correct)
- False

50) It is illegal participation for a player whose helmet comes completely off during a down to continue to participate beyond the immediate action in which the player is engaged. [Rule 9-6-4g]

- True (Correct)
- False

51) If during an unsuccessful try, a foul by B/R occurs, and the penalty is accepted, the offended captain shall then choose to replay the down after enforcement, or to decline the distance penalty for the foul and replay the down from the previous spot. [Rule 8-3-6b]

- True (Correct)
- False
52) If a kick becomes dead in R’s end zone, it is always a safety or touchback. [Rule 2-13-4a; 6-3-2; 8-5-2, 3]

- True
- False (Correct)

53) During a scrimmage down, a backward pass from in or behind the neutral zone by A is always part of the loose-ball play. [Rule 10-3-1c]

- True (Correct)
- False

54) No foul causes loss of the ball. [Rule Fund 1-6]

- True (Correct)
- False

55) Any player of A numbered 1-49 or 80-99, who is an interior lineman at the snap, is not an eligible pass receiver. [Rule 7-2-5b(2); 7-5-6a]

- True (Correct)
- False

56) The enforcement spot for any foul by the defense is the goal line when the run ends in the end zone and would result in a safety. [Rule 10-5-2]

- True (Correct)
- False

57) A measurement may be requested by the captain prior to the ball being marked ready-for-play, but it may be denied if, in the ______________ opinion, it is obvious the line to gain has or has not been reached. [Rule 5-3-2 NOTE]

- Referee’s (Correct)
- Umpire's
- Linesman’s
- Line Judge’s

58) All non player fouls are enforced from the succeeding spot. [Rule 10-4-5c]

- True (Correct)
- False
59) Blocking by a player either on offense or defense is illegal when it is: [Rule 9-3-1]

- kick-catching interference.
- forward-pass interference.
- a personal foul.
- Any of the above. **(Correct)**

60) Advertising and/or commercial markings may obstruct the yard lines, hash marks or 9-yard marks (7-yard marks in 9-, 8- and 6-player competition). [Rule 1-2-31]

- True
- **False** **(Correct)**

61) Tripping an opponent who is not the runner is legal. [Rule 2-45; 9-3-7]

- True
- **False** **(Correct)**

62) If K1’s kick try is blocked and K2 recovers behind the neutral zone and runs into the end zone, K is awarded two points. [Rule 4-2-2i; 8-3-2b]

- True
- **False** **(Correct)**

63) The goal shall be positioned with the inside edge of the crossbar in the same vertical plane at the inside edge of the end line. [Rule 1-2-5a]

- **True** **(Correct)
- False

64) Grasping the tooth and mouth protector attached to the face mask is not a foul. [Rule 9-4-3h]

- True
- **False** **(Correct)**

65) Whether the next down will be first down is determined at the time the ball becomes dead and after considering any act, except a non player foul or unsportsmanlike foul, which occurred during the down. [Rule Fund II-2]

- **True** **(Correct)
- False
66) There is a two-minute intermission following a try, successful field goal, or safety and prior to a free kick. [Rule 3-5-7]

- False (Correct)

67) The official line-to-gain and down indicators shall be operated approximately _________ outside the sideline opposite the press box except in stadiums where the total playing enclosure does not permit. [Rule 1-3-5b]

- 2 yards (Correct)

68) A fumble is the touching of a loose ball by a player in an unsuccessful attempt to secure possession. [Rule 2-27]

- False (Correct)

69) No member of the kicking team shall initiate contact (block) with an opponent until the legal kick has traveled 10 yards; the kicking team is eligible to recover a free kicked ball; or the receiving team initiates a block within the neutral zone. [Rule 9-3-8]

- True (Correct)

70) A defensive player is considered to be on his team’s scrimmage line when he is within 1 yard of the line of scrimmage at the snap. [Rule 2-25-3]

- True (Correct)

71) Initiating contact with an opposing player whose helmet has come completely off is now an illegal personal contact foul. [Rule 9-4-3]

- True (Correct)

72) The horse-collar foul is not enforced as a live-ball foul. [Rule 9-4-3k]

- False (Correct)
73) Free-kick lines are always 10 yards apart. [Rule Fund. V-2; 6-1-1]

[ ] True (Correct)
[ ] False

74) With first and 10 from A’s 10-yard line, A1 drops back into his end zone, where he is tackled by the face mask/helmet opening and fumbles. The ball rolls out of bounds at A’s 5-yard line. What is the ruling? [Rule 10-3-1 NOTE; 10-3-1c; 10-4-2b]

[ ] Following penalty administration, it will be A’s ball, first and 10 at A’s 10-yard line.
[ ] Following penalty administration, it will be A’s ball, first and 10 at A’s 15-yard line.
[ ] Following penalty administration, it will be A’s ball, first and 10 at A’s 20-yard line.
[ ] Following penalty administration, it will be A’s ball, first and 10 at A’s 25-yard line. (Correct)

75) A block in the back is defined as a block with contact inside the shoulders, below the helmet and above the waist. [Rule 2-5-2]

[ ] True (Correct)
[ ] False

76) Decorative markings in the end zone may be within a foot of the goal line. [Rule 1-2-3h]

[ ] True
[ ] False (Correct)

77) B players may be anywhere on or behind their line of scrimmage. [Rule 7-2-5d]

[ ] True (Correct)
[ ] False

78) If R1 blocks K1’s kick on K’s 8 and the ball rebounds into K’s end zone, the change of direction is a new force; and when K2 recovers it there, it is a touchback. [Rule 2-13-3; 8-5-1; 8-5-2b]

[ ] True
[ ] False (Correct)

79) When an illegal forward pass strikes the ground, the ball does not become dead. [Rule 4-2-2c; 7-5-5; Table 7-5-4, 5]

[ ] True
[ ] False (Correct)
80) Equipment that becomes illegal through game use is handled by rule procedure without penalizing the player or the head coach. [Rule 1-5-5; 3-5-7e]

- True (Correct)
- False

81) For any scrimmage kick, K may choose to punt, drop kick or place-kick from in or behind the neutral zone before team possession has changed. [Rule 6-2-1]

- True (Correct)
- False

82) If touching causes the ball to become dead, securing possession of the ball has no significance. [Rule Fund III-4]

- True (Correct)
- False

83) It is defensive holding if B1 tackles A1, who is obviously not the runner. [Rule 9-2-3c]

- True (Correct)
- False

84) If snapper A1 makes an illegal snap and B1 recovers, the ball belongs to Team B. [Rule 4-1-6; 7-2-4]

- True
- False (Correct)

85) An official's time-out (which is not charged to either team) occurs, and the player shall be replaced for at least one down, unless halftime or an overtime intermission occurs, when a player's helmet comes completely off during the down or subsequent dead-ball action related to the down without being directly attributable to a foul by an opponent. [Rule 3-5-10d]

- True (Correct)
- False

86) Contact with an opponent's hand(s) below the waist that continues into the body below the waist is considered a chop block. [Rule 2-3-7; 2-3-8]

- True
- False (Correct)

87) The clock does not start during a free kick at the time of first touching by K. [Rule 3-4-1a; 3-4-3, 5]

- True (Correct)
- False
88) Any player who shows signs, symptoms or behaviors consistent with a concussion shall be removed from the game and shall not return to play until cleared by the head coach. [Rule 3-5-10b]

- True
- False (Correct)

89) An attempt by B to interfere with A’s signals prior to the snap is a live-ball foul. [Rule 9-5-1d, Penalty]

- True
- False (Correct)

90) A state association may establish guidelines to use a running clock when a point differential is reached. [Rule Table 1-7 (8); 3-1-2]

- True (Correct)
- False

91) If during the last timed down of a period A1 holds during a successful field-goal attempt, the period is automatically ended and the score is canceled. [Rule 3-3-3a]

- True
- False (Correct)

92) For any free kick, a free-kick line, corresponding to a scrimmage line, is established for each team. These lines are always 10 yards apart. Unless moved by a penalty, K’s free-kick line is: [Rule 6-1-1]

- Its 40-yard line for a kickoff.
- Its 20-yard line after a safety.
- Any of the above. (Correct)
- None of the above.

93) The runner may be legally clipped. [Rule 2-5-1; 9-3-5c]

- True (Correct)
- False

94) If a player is blocked out of bounds by an opponent and returns inbounds, at the first opportunity he/she may legally participate. [Rule 9-6-1]

- True (Correct)
- False
95) If a player refuses to comply with a game official’s directive, the player will be disqualified. [Rule 9-5-1g]

- True
- False (Correct)

96) The expanded neutral zone is automatically three yards deep. [Rule 2-28-2]

- True
- False (Correct)

97) The penalty for an illegal forward pass from beyond the neutral zone is: [Rule 7-5-2b Penalty]

- 5-yard penalty.
- 10-yard penalty and loss of down.
- 15-yard penalty and loss of down.
- None of the above. (Correct)

98) For kick-catch interference, K may accept the results of the play, an awarded fair catch after enforcement of a 15-yard penalty from the spot of the foul, or a 15-yard penalty from the previous spot and a replay of the down. [Rule 6-5-6 Penalty]

- True
- False (Correct)

99) A disqualified player shall be removed even if the penalty for the foul is declined. [Rule 10-5-6]

- True (Correct)
- False

100) If there is a question regarding legality of a player’s equipment, the referee makes the final decision. [Rule 1-5-4]

- True
- False (Correct)